

## What is Holy Week All About?

***Palm Sunday***, [March 24] when palms are distributed, is dominated by two liturgical events: the re-enactment of Jesus' entry into Jerusalem and the reading of the Passion narrative, this year according to Mark. [Sunday at 8 AM and 10:30 AM]

**Stations of the Cross** [March 27]: this devotion dates back to the earliest centuries of the Church when pilgrims to Jerusalem would walk the land where Jesus lived and trace his path, with prayer, meditation and devotion at each stop (station). [Wednesday at 7:30 PM]

**The Three Days – Triduum Sacrum – is the name given to the three sacred days of Maundy Thursday, Good Friday and Holy Saturday. These days, immediately preceding Easter, commemorate the final meal, the betrayal and arrest, and the trial, execution and burial of Jesus the Christ.**

***Maundy Thursday*** [March 28] includes the Mass of the Last Supper and foot washing with the service ending with the stripping of the altar, a powerful expression of the abandonment of Christ by his followers. [Thursday at 7:30 PM]

***Good Friday*** [March 29] the most solemn day of the year, includes the singing of John's account of the Passion of Christ, solemn prayers (collects) and the veneration of the Cross. The service, held at noon, also includes communion from the Reserved Sacrament.

***Holy Saturday*** [March 30], which commemorates the day that Jesus Christ's body laid in the tomb, includes a brief liturgy at 9:30 a.m. and the opportunity to meet with Father Patrick for prayer, confession, healing and reconciliation. Please schedule time with Fr. Patrick ([rector@ssam.org](mailto:rector@ssam.org))

***Easter Day*** [March 31], is a joyful observance and proclamation that Christ is risen. At SsAM, the services are at 8:00 and 10:30 AM.