

SsAM Centering Space

*I lift my eyes to the hills, from where is my help to come?
My help comes from the Lord, the maker of heaven and earth.
Psalm 121:1-2*

A few weeks ago we pondered, wouldn't it be great if we were able to see the stresses and strains that are put in our path *not as* obstacles, but points of dependence on God's mercy? As opportunities to grow in our trust of God?

We asked each other these questions: "What would it be like to be vulnerable to, and reliant upon God's word and mercy? How would that work in your life? How would that work here at SsAM?" We spoke about what it would take for SsAM to be a place of healing, where members could come forward when we need help and support and those concerns would be held in the strictest confidence while offering support and care and prayer.

As a result of these conversations, the Pastoral Care team is excited to announce the creation of a new prayer ministry at SsAM: The Centering Space. This ministry will create both time and space to bring your prayers, petitions, praises and celebrations and lift those prayers to God.

The Centering Space will be located near the St. Mary's Chapel, to the right of the lectern, as you face the altar during communion. **We will kick off this ministry on Sunday, April 22 at the 10:30 service, and thereafter it will be offered on the 1st and 3rd Sunday of each month.** One or two members of our newly commissioned Pastoral Care Team will be on hand to listen, and to pray with you.

Together, through praying about our specific concerns, we can increase our reliance on God's love and mercy, and grow in our relationship with God.

*The Lord shall preserve you from all evil; it is he who shall keep you safe.
The Lord shall watch over your going out and your coming in, from this
time forth for evermore. Psalm 121:7-8*